

AIMS: ASD AWARENESS – DAY ONE



- What is ASD and characteristics
- ASD prevalence and some statistics
- Sensory channels. Funnel. Freeze cycle.
- Relevant developmental, life stages and human growth models.
(Developing Trust).
- Theory of Mind (Perspectives)
- Consistent, fixed and periodic Reinforcement (Schedules).
The Power of Positive Reinforcement.
- De-escalation & containment (reducing stress, anxiety & tensions)
(Window of tolerance/change).
- Diets & supplements

AIMS: ASD AWARENESS – DAY TWO



- Beginnings & Endings (Engaging & Preparing to disengage) Theory & practical ideas.
- Social Stories™ (Theory & practical ideas and practice groups).
- Routines / visual planning / reward charts. Theory & practical ideas.
- ASD advisory notice / passport / letter and card. (Clinical intervention and supports)
- Genograms – leveraging family systems - (Cycle of change).
- Systemic theory / models - (appreciative enquiry skills - neutrality skills - strengths based - Circularity) - Resources and Signposting